



The best activities guide around!

DECEMBER 2010



Christmas Around the World – 10th
Pre-Christmas Buffet (Sagami Lounge) – 16th
Hoops Against Hunger – 16th
Holiday Buffet – 19th
Senior Nichibei Friendship Tournament – 28th
New Year's Eve Party – 31st

YOUTH SPORTS AND FITNESS

HOOPS

AGAINST HUNGER

THURSDAY, 16 DECEMBER, 6 - 8 PM
Yano Fitness Center

- For boys and girls ages 5 - 18.
- Each participant must bring two cans of food which will be distributed to those in need.
- During this time of year, there are many who are without food. This is our opportunity to unite and help with donations.
- With your donation you will be able to participate in our annual Basketball Clinic conducted by the Youth Sports and Fitness Program Staff and other community members. Participants will be grouped by age divisions depending on turn out.
- There will be door prizes throughout the evening, so come out and make a donation and enjoy some basketball.
- For information, phone Robert Santana, Youth Sports and Fitness Director at 263-4066.

GREAT DOOR PRIZES:
Youth and Adults

MWR COMMERCIAL SPONSORSHIP and the **CYS**
staff thank our sponsors for supporting our community and our youth.



“See the Bugle for the advertisement”.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.



The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

The best kept secret on Kanto Plain is Sagami Lounge, located at the Sagami General Depot about a 30 minute drive from Camp Zama's Gate 7. According to a "Zama-ite", the Lounge has the best food, the finest service and the greatest atmosphere. Reiji Komagata, the Lounge Manager, received the recent "2009 Excellence in Management - Remote and Isolated Management" award for his efforts in creating a great place to dine and play. Reiji and his chef, Kiyoshi Shinozuka, have planned a fantastic pre-Christmas all-you-can-eat buffet, 4:30 - 8 pm, Thursday, 16 December. Roast turkey, roast beef, fried chicken, dressing and all the traditional trimmings to get you ready for the holidays-\$20 for adults, \$12 for youths 4 - 12 and free for under 3 years old. Sagami Depot is an easy drive straight down "Chicken Farm Road" until you can go no further, turn left and, shortly, you'll see the entrance gate. ACS has maps to the Depot from Camp Zama.

Photo by Mr. Richard Haun.



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F

riday, 10 December,
5:30 - 8 pm, Camp Zama's
Child and Youth Services
and the Zama Community
Club will be presenting
"Christmas Around the
World" at the community
club. Come celebrate,
get in the holiday spirit,
and participate Christmas
festivities (see center
page for more detailed
information).

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

HOURS OF OPERATION

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

* Hours may change due to scheduled programs.

YOUTH CENTER

Attention all youth snow boarders and skiers. Stop by Outdoor Recreation and get fitted for the new ski season. Don't wait for trips to start. Make sure you get fitted as soon as possible.

• "6th Grade Happening"

Friday, 17 December, 7 - 10 pm. Start your Christmas break with a "6th Grade Happening" at the Zama Youth Center. Cost is \$2. Transportation

is provided. Buses depart from the front of the SHA Commissary at 6:30 pm and the Atsugi Theater at 6:15 pm to the youth center. Return bus departs the youth center at 10 pm.

• Smart Girls

Every Tuesday, 7, 14, 21 and 28 December, 3pm. "Smart Girls" is a health, fitness, prevention / education and self-esteem enhancement program for our female club members ages 11 - 17. This program is designed to encourage healthy attitudes and lifestyles that will enable adolescent / teen girls to develop to their full potential. For more information about this program or if you are interested in becoming a volunteer, please contact Ms. Rodriguez at cindy.rodriguez3@us.army.mil.

• Passport to Manhood

Tuesday, 7, 14, 21 and 28 December, 3 pm. "Passport to Manhood" is a program that concentrates on specific aspects of manhood through highly interactive activities for all

Holiday Schedule

Camp Zama Youth Center will be closed on 24, 25 and 26 December but will reopen on 27 December, noon.

The Zama Youth Center will be opening at noon during Christmas break 20 - 31 December. There will be transportation provided from SHA and Atsugi Monday - Friday. It will depart the SHA Narita bus stop and Atsugi Cinema 77 at 1 pm. Bus will return to your location at 6 pm each day.

PARTY FOR ORPHANAGE

Friday, 17 December
11 am - 3 pm

The Camp Zama Youth Center will be cosponsoring a "Christmas Party for Orphanage" at the Zama Youth Center.



If you would like to volunteer or need more information, please call at 263-4500.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

club members ages 11 - 14. This program is designed to teach and promote responsibility, reinforce positive behavior, and develop character in adolescent males. To find out more about this program, contact Mr. Nakai at eric.nakai@us.army.mil.

TECH LAB (263-4500/8573)

• ZTN Tuesdays

Be part of your local youth news cast on Zama. We are a club that reports local news, upcoming events, and all things important to being a teen! Learn how to work an industry standard video camera, edit professional videos and news clips, direct, and write scripts. We meet every Tuesday at 3 pm in the computer lab and film every other Tuesday. Adult volunteers to help with script writing, editing, and filming are needed!


• Lego Robotics

Have a fascination for robots? Think you have an idea of how to revolutionize the world? Join us on 22 December, 3 pm, to build robots, program them, and finally end the program with a chance for your robot to compete against others on a specific task.

• Digital Arts Festival (Movie Making)

Create Your Own Christmas Cards

Monday, 3 - 4 pm, 6 December



We get it, you're young and don't have much money. Join us at the youth center on Monday, 6 December, and you can create your very own Christmas Cards. Have a great idea for a card, want to add photos? Bring your ideas and photos you'd like to add onto the cards and we can help make it happen.


Please call 263-4500/8573 for more information.

Every year, the Camp Zama Youth Center hosts a "Digital Arts Festival" on behalf of the Boys and Girls Club of America with the categories of Music Making, Movie Making, Photo Illustration, and Graphic Design. Join us every Thursday, 3 pm, in December as we get you ready for the festival. This month, we will be focusing on Movie Making. Participants may have a chance at winning a free trip back to the US to compete on the National Level (location is yet to be disclosed).




• Adobe Wednesdays

Every Wednesday, 3 pm, in December we will be learning how to use a different Adobe Product. The list of software includes Adobe Premiere (video editing), Adobe After Effects (video, design, and special effects), and Adobe Photoshop (photo and design). Also, you can learn to use the industry standard WaCom Tablet in conjunction with hot-keys, so you will be on your way to being a design professional. For more information, go to <http://campzamayouthcenter.org> and view our calendar for specific software dates.

U-TURN PROGRAM



This program is designed for youth to turn themselves around and get the help they need to graduate high school and move on to higher education. It's up to U to turn yourself around. The youth center is here for U! Join us Tuesday and Thursday nights 5:30 - 7 pm to form study groups; work together with your classmates; get help from staff and other volunteers; tutor classmates; get S.A.T. tutoring/practice tests; use this time to work on scholarships and other financial aid applications. There will be a return bus to SHA for those youth who participate in the U-Turn Program. This program is open to all registered members in 6th - 12 the grades.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

A

re you

looking for a place where your children can join other children in a fun learning environment? Come join **School Age Services Before and After school program.**

REMEMBER: our SAS motto, "If its fun, we'll do it"!!!



■ School Age Services • 267-6013

... SAS Program Hours ...

Half Day School	0530 - 0830 and 1200 - 1800
No School Day	0530 - 1800
Before / After Program Hours	0530 - 0830 and 1415 - 1800
Early Release	0530 - 0830 and 1130 - 1800
Zama Drop Off and Pick up Point	0700 - 0815 and 1715 - 1800

SAS PROGRAMS OFFERED

School Age Services offer care for "Before and After School" with options for before school only or after school only as follows:

- * Full day care on school out days
- * Winter / Spring / Summer Camps
- * Funtastic Adventure for a day
- * Half a day escape
- * Creative play

PROGRAM CHANGES

Changes for 6th graders attending SAS: this school year, for sixth graders attending School Age Services the cost will be free during afternoon hours.

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents, this is a great opportunity for you to provide input, answer questions and share your concerns. We meet in Bldg 337, 4:45 pm. The next Parent Advisory Council meeting is scheduled for 16 December. There are many newcomers in our community and we would like to extend a special invitation for you to attend. Child care is provided.

... SAS DECEMBER EVENTS ...

Theme: *Giving* • Character Counts: *Trustworthiness*

• Create a holiday safety video	Friday	3	1530 - 1700
• Fall feast parent / child dinner	Thursday	23	1500 - 1630

W

Camp Zama School Age Services

inter Camp



Monday	20	1300 - 1700	Holiday gift wrapping
Tuesday	21	1300 - 1700	Care package for homeless children
Wednesday	22	0900 - 1200	Bake cupcakes for the Fire Department Make Christmas Cards
Thursday	23	1300 - 1630	Cupcake give away Christmas shopping at 100 Yen Store
Friday	24	Closed	Federal holiday
Monday	27	1300 - 1630	Field trip to Zama Bowling Center
Tuesday	28	1300 - 1630	Make a Gingerbread House
Wednesday	29	1300 - 1630	Field trip to Ice Skating Rink
Thursday	30	0900 - 1630	Culture end of year bash
Friday	31	Closed	Federal holiday

For more information, 267-6013/6066

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

VOLLEYBALL, FLAG FOOTBALL AND CHEERLEADING

Games are every Saturday until 11 December.

OFFICIALS FORYOUTH SPORTS

Youth Sports and Fitness is always in need of qualified officials. If you are interested in officiating games for youth sports, please contact us at 263-5437.

REGISTRATION

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533, Camp Zama (behind the PX). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.

SPORTS PHYSICAL

AR 608-10 requires all youth participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are

completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, PCS staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at the BG Crawford R. Sams Clinic may be limited as a result of so many renewing their youth sports physical.

FOR MORE INFORMATION

If you have any questions, please

check our website at www.zamayouthsports.org or contact us at 263-5437/4066.



BASKETBALL SIGNUPS
Started 1 November to 17 December
Co-ed: 5 - 6, 7 - 8,
Boys: 9 - 10, 11 - 12, 13 - 15
Girls: 9 - 11, 12 - 15
For more information, 263-5437/4066



DODGEBALL SIGN-UP
Started 1 November - 17 December
This is a co-ed league for youths ages 7-15. Practices start mid-December and games are 8 - 29 January.

Military Units and Organizations

Greeting Card Contest

This is the 7th Annual Holiday Card Contest. Units and organizations are encouraged to participate in this holiday activity. Get in the Christmas spirit and display your decorative greeting and promote your unit or organization message. Judging will be conducted on 4 December. There will be awards for 1st, 2nd, and 3rd place, and will be presented on or about 15 December at 1 pm at gate #7.

CHRISTMAS HOLIDAY DECORATION CONTEST

Decorate the outside of your home for the holidays! Homes will be judged on creativity, originality, lighting, holiday spirit and overall presentation. Judging will be conducted on 10 December. There will be awards for 1st, 2nd, and 3rd place in each housing area. Awards will be presented on 15 December.



For more information, contact the Community Life Officer at ACS at 263-8087.

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“See the Bugle for the advertisement”.

ZAMA CHILD DEVELOPMENT CENTER, 263-4992

• Closed

* Friday, 24 December

* Friday, 31 December

• Field Trip to Hosen Kindergarten (Mochi Pounding)

Thursday, 2 December, 9:30 am - 2 pm.

• National Cookie Day

Friday, 3 December, all day.

• Christmas Around the World

Friday, 10 December, 5:30 - 8 pm, at Zama Community Club (see center page for detailed information).

• Brown Bag Training for Parents

“Developmental stages for children birth to two years old”.

Wednesday, 15 December, 11:30 am - 12:30 pm.

• PAC Meeting

Thursday, 16 December, 11:30 am - 12:30 pm

• Ornament Making

Monday, 20 December, all day

• Ginger Bread Festival

Tuesday, 21 December, 3 pm

• Wear Green / Red Day

Wednesday, 22 December, all day

• Field Trip to Children's Museum

Thursday, 23 December, 9 am - 3 pm.

• Field Trip to Children's Orphanage

Monday, 27 December, 9 am.

SHA CHILD DEVELOPMENT CENTER, 267-6348

• Closed

* 20 - 31 December (combined child-care with Zama CDC at Zama CDC)

• Ginger Bread Festival

Monday, 6 December

• Free Baby Massage

Thursday, 9 December, 3:30 - 4:15 pm, Call SHA at 267-6564.

• Holiday Ornament Making with Parents

Thursday, 9 December, 3:30 pm.

• Christmas Around the World

Friday, 10 December, 5:30 - 8 pm, at Zama Community Club (see center page for detailed information).

• Wear Green / Red Day

Monday, 13 December

• Brown Bag Discussion

Monday, 13 December, 11:30 am - 12:30 pm (open to all parents).

• PAC Meeting

Thursday, 16 December, at Cafe Roberto, 11:30 am - 12:30 pm

• Santa's Visit

Thursday, 16 December.



Baby Gym
FREE

Thursday, 14 December,
3:30 - 4:30 at SHA CDC

Help your baby develop motor skills through games and activities. Open to all children birth to pre-walking. Please bring a towel and comfortable clothes.

“See the Bugle for the advertisement”.

R

eminder:

The golf course is closed
on Christmas Day and New
Year's Day.

■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>

December at a Glance!

Nichibei Tournament	- - - - -	1 December
Payday Scramble	- - - - -	3 December
Senior Nichibei (NEW)	- - - - -	28 December



JR. GOLF INSTRUCTION
with Mike Sul, PGA

Every Monday from 1600-1700
Cost: \$10

Sign-up at the Pro Shop
NLT the Sunday prior
or at least two (2) students
to conduct the class

FOR MORE INFORMATION CONTACT MICHAEL
SUL AT 263-4975 OR EMAIL
MICHAEL_SUL@US.ARMY.MIL

TOMODACHI DAYS ARE AS FOLLOWS:

- 7 December - Tuesday
- 17 December - Friday
- 21 December - Tuesday
- 29 December - Wednesday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 1 December, shotgun

start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers

TEE TIME INFORMATION

• Weekday tee times

Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

• Weekend / US holiday

Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

NOTE: All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

NEW! SENIOR NICHIBEI FRIENDSHIP TOURNAMENT

December 28th, 0930 Shotgun Starts

- Open to those 55 years and older
- Cost is \$25 for SOFA Status golfers, \$25 plus green fees for non-members

To sign up, contact Ernie Harada at 263-4225

ZAMA GOLF CLUB

CHRISTMAS SALE PRO SHOP! AT THE

SALE STARTS DECEMBER 4 AND LASTS UNTIL DECEMBER 24

FOR MORE INFORMATION, PLEASE CALL 263-5284

COME IN AND SHOP FOR BARGAINS

ZAMA GOLF COURSE

PAYDAY SCRAMBLE

FREE! MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to USARJ community and their family members. Fun, food and prizes!

Friday, 3 December (11 am shotgun start)

Red Bull

COMMERCIAL SPONSORSHIP and the ZAMA GOLF COURSE STAFF thank our sponsor, RED BULL, for supporting our community and this event.

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LUNCH

Monday (Tour of Asia)

- 6 Thai Shrimp
- 13 Kung Pao Chicken
- 20 Vietnamese Spring Rolls
- 27 Tonkatsu

Tuesday (Tour of America)

- 7 Cobb Salad
- 14 Macaroni Beef Casserole
- 21 BBQ Spare Ribs
- 28 BBQ Pork Sandwich

Wednesday (Tour of Italy)

- 1 Salmon Pasta
- 8 Beef Ravioli
- 15 Pesto Sauce Pasta
- 22 Garlic Shrimp Pasta
- 29 Chicken Mediterranean Pasta

Thursday (Tour of Mexico)

- 2 Mexican Enchiladas
- 9 Santa Fe Carne Asada Burrito
- 16 Chicken Breast Fajitas
- 23 South of the Border Salad
- 30 Taco Salad

Friday (Tour of the Ocean)

- 3 Grilled Tilapia

LUNCH

w/Mango Salsa

- 10 Smoked Salmon Sushi Rolls
- 17 Chef Special Sashimi
- 24 Closed
- 31 Closed

Saturday

No Lunch Special

LUNCH

Sunday (Tour of Overseas)

- 5 Chicken Flautas
- 12 Thai Green Curry Chicken
- 19 Giavanti (Scallops and Shrimp)
- 26 Mole Poblano (Chicken w/Mole Sauce)



FREE CLINIC

Bunker Play with Mike Sul

Sunday, 12 December,
1200 - 1315

FREE



Limited to 8 people.



POC: Mike Sul, PGA Assistant Golf Pro
michael.sul@us.army.mil 263-4975



Yoko Lofton (Ladies winner - 164) and Yasuyuki Ishii
(Men's winner - 150)

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R

eminder that the "Gridiron Challenge" is held every Thursday (2, 9, 16 and 23 December) from 5 - 7 pm in the Firelite Lounge. Pick your teams for the forthcoming weekend NFL games, and if you have the most winning picks you can win two quality prizes (see page 15).

- No bingo during the month of December.
- Regular bingo will start again on 6 January 2011.

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

• Hip Hop Music w/DJ

On Friday Night, 3, 17 and 24 December, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

• Latino Night

Friday, 10 December, 10 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

• Country Music with DJ

On Saturday night, 4 and 11 December, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

• Old School Night

Saturday, 18 December, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$14.95

Youths 8 - 12: \$7.95

Youths 4 - 7: \$4.95

3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

7 Chicken Fried Steak
w/Country Gravy

14 Veal Parmesan

21 Chicken Diablo

28 No lunch special

(Short order only)

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

1 Pork Cutlet Milanese

8 Hamburger Steak
w/Demiglaze

15 Beef Pot Pie

22 Pork Picata w/Tomato Sauce

29 No Lunch (Cafe only)

Thursday: (Rotisserie Chicken and vegetable of the day)

2 • Hayashi Beef and Rice

• Penne Arrabiata

9 • Chinese Fried Chicken
w/Vinegar Soy Sauce

• Spaghetti Napolitan

16 • Ton Pou Rou

• Spaghetti w/Meat Sauce

23 • Fried Beef Potato
Croquettes



Holiday Hours

29 December	
Firelight Lounge - - - -	1100 - 2200
Cashier's Window / Game Room - - - -	1100 - 2300
All other operations - - - - Closed	
30 December	
Firelight Lounge - - - -	1100 - 2200
Cashier's Window / Game Room - - - -	1100 - 2300
All other operations - - - - Closed	
31 December	
New Year's Eve Party - - - 1900 - Until	
01 January	
Camp Zama Community Club - - - -	Closed
02 January	
Firelight Lounge - - - -	1100 - 2200
Cashier's window / game room - - - -	1100 - 2200
All other operations - - - - Closed	
03 January	
Camp Zama Community Club - - - -	Closed

For more information, call 263-4547
Camp Zama Community Club

Catering Services



The Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.

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LUNCH

- Linguine Kinoko Cream
- 30 • No Lunch (Cafe only)
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$7.95)
- 3 • Sliced Roasted Turkey
- Bread Stuffing
- Meat Dorian
- Mashed Potatoes
- 10 • Chicken Enchiladas
- Beef Tacos
- Mexican Rice
- Burritos
- Mexican Corn
- 17 • Baked Meat Loaf
- Chicken Penne Au Gratin
- White Rice
- Mashed Potatoes w/Gravy
- 24 • Turkey A La King
- Baked Lasagna
- Mashed Potatoes w/Gravy
- 31 • No Lunch (New Year's Eve)

DINNER MENU

Sunday (limited menu) 5 - 9 pm
 "2 for 1 Steak Night"
 (no take out)
 Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

19 Holiday Buffet
 (see page 19)

Monday - Closed

Tuesday (5 - 9 pm)
 2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. (no take out).

DINNER MENU

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Reservations: Please call 263-4547 before 3 pm.

Thursday (5 - 9 pm)

- "All You Can Eat Pizza, Pasta, Soup and Salad Bar" (no take out)

Adults: \$10.95
 Youths 4 - 12: \$5.95
 Under 3 years old: Free

- Regular menu

Friday "Chef's Special" (5 - 9 pm)

Regular Menu
 Buffet

10 Community Night
 31 New Year's Party (see page 36)

Saturday (5 - 9 pm)

- Regular Menu
- Prime Rib Dinner
- Prime Rib and Shrimp Scampi

18 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.



CZCC FIRELITE LOUNGE, 4 - 8 PM

FOR MORE INFORMATION, CALL 263-4547

EVERY FRIDAY (EXCEPT ON COMMUNITY NIGHT DAYS)

CAMP ZAMA COMMUNITY CLUB

Cake Catering Service



CAKES FOR ALL OCCASIONS

12" ROUND CAKE (APPROXIMATELY 25 PCS.) \$35
 18" ROUND CAKE (APPROXIMATELY 50 PCS.) \$55
 HALF SHEET CAKE (APPROXIMATELY 35 PCS.) \$40
 FULL SHEET CAKE (APPROXIMATELY 75 PCS.) \$60

*CAKE DESIGN (PICTURE/PHOTO/DRAWING) ADDITIONAL \$15

***CAKE MUST BE ORDERED 48 HOURS IN ADVANCE**

***CONTRACT REQUIRED**

***CANCELLATION POLICY**

-ORDERS CANCELLED 24 HOURS PRIOR TO PICK UP WILL RESULT IN 50% CHARGE

-ORDERS CANCELLED 12 HOURS PRIOR TO PICK UP WILL RESULT IN A 75% CHARGE

-ORDERS CANCELLED LESS THAN 12 HOURS PRIOR TO PICK UP WILL BE CHARGED IN FULL

TO ORDER CALL 263-4204
 (TUESDAY-FRIDAY 9:30 AM-5:30 PM)

COME OUT TO YOUR NEW CAMARADERIE & TEAM BUILDING

SOCIAL HOUR!

FRIDAYS, 5-7 PM @ FIRELITE LOUNGE

FREE HORS D'OEUVRES



1st Friday: "Right Arm Night"

2nd Friday: "Bring Your Boss Night"

3rd Friday: No Social Hour On Community Nights

4th Friday: Ichi Dan Night "One Team"

WE SUPPORT THE DESIGNATED DRIVER PROGRAM
 Please contact a club employee if you need a ride home

FOR MORE INFORMATION, PLEASE CALL 263-4547

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“See the Bugle for the advertisement”.

■ Zama Bowling Center • 263-4780

- **Kegel Open Tournament**

Sunday, 5 December, 9 am - 10 pm.
3 squads scheduled, come roll with the best.

- **Christmas Eve, Limited Schedule (No Delivery)**

Friday, 24 December, 11 am - 6 pm.
Discounted bowling all day.

- * Free bowling for children
10 and below

- * \$.75 a game for the youths
(11 - 17 years)

- * \$1.25 a game for adults
(18 and older)

- **Limited Schedule**

Wednesday - Friday, 29 - 31 December, 11 am - 6 pm (no deliveries during these dates).

Schedule your Unit Holiday Party and receive a free "holiday in July party" free bowling and shoe rental only for the same number of people who attend your December Holiday Party.



Paid Advertisements

“See the Bugle for the advertisement”.

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TEXAS HOLD'EM TOURNAMENT

SATURDAY 18 DECEMBER 2 PM CZCC BALLROOM

Tickets purchased by 14 December \$40
 After 14 December \$ 50
 Includes non-alcoholic drinks and prizes
 Prizes will be based on the number of players
 Sign up at the CZCC Cashier's Window
 Adults only

FOR MORE INFORMATION, PLEASE CALL 263-4547



Are you ready for some Football? The CZCC presents the "3rd Annual Gridiron Challenge Program"

GRIDIRON CHALLENGE

Below are the prizes to be awarded to the person who selects the most NFL winners each week. Weekly entry forms are available at the "Football Frenzy" held every Thursday in the CZCC Firelite Lounge, 5 - 7 pm. Your entry for the forthcoming weekend games must be turned in by 7 pm. A copy of the "Tie Breaker" information will also be available at the "Frenzy".

- Week 12: Kodak digital photo frame (from Coca-Cola) and Bud Light lime cooler (from Budweiser)
- Week 13: Sony digital camera (from Exchange New Car Sales) and patio umbrella and folding sports chair (from Miller Lite)
- Week 14: Avol 19" LCD TV (from Powerade) and ¥5,000 coupon (from Outback)
- Week 15: Blue Ray disc player (from Powerade) and ¥5,000 coupon (from TGI Friday's)
- Week 16: Ipod video player / entertainment system (from USA Federal Credit Union) and ¥5,000 coupon (from Outback)
- Week 17: Nintendo Wii console game set (from Coca-Cola) and ¥5,000 coupon (from TGI Friday's)

NOTE: Each winner also receives a 4-pack of energy sport drinks (from Red Bull)



WK 5. Jen Pasion



WK 6. James Luxemburg



WK 7. Woodward Family



WK 8. Will Gray

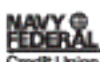


WK 9. Woodward Family

The Budweiser and Miller Lite Companies Support "Responsible Drinking".

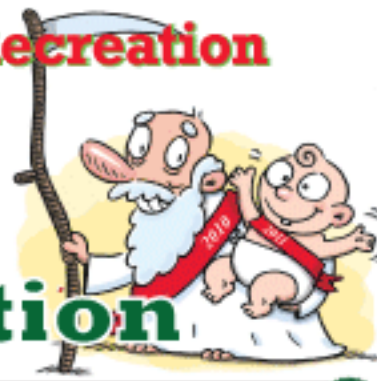


MWR COMMERCIAL SPONSORSHIP AND THE ZAMA COMMUNITY CLUB STAFF THANK OUR SPONSORS FOR SUPPORTING THIS MAJOR EVENT FOR OUR COMMUNITY.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Directorate of Family & Morale, Welfare & Recreation



Business Operations

1. CZCC

Cashier & Game Room
Dining Room

Ballroom

Firelite Lounge/Cafe

Cafe Roberto's

2. Zama Bowling

3. Depot Bowling

4. Golf Course

Pro Shop

Restaurant

5. Hob Nob Inn

6. Zama Lodging

7. Sagami Lounge

Sagami Lounge Bar

Child, Youth & School Services

1. Parents Central Services

2. Zama Child Dev. Center

3. SHA Child Dev. Center

4. SHA School Age Services

5. Youth Services

6. Youth Sports

Recreation Division

1. Arts & Crafts Center

2. Automotive Skills Center

3. Community Activity Center

4. Fleet Maintenance

5. Zama Library

6. SHA Library

7. Outdoor Rec. & L.T. Services

8. Kennels

9. Yano Fitness Center

10. Yano Swimming Pool

11. Depot Fitness Center

Army Community Service

ITT Closed during 23 December 2010 ~ 4 January 2011 (New Year's Holiday)

*REVISED AS OF 21 OCTOBER, 2010

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Holiday Buffet



Sunday 19 December **10:30 am-2:30 pm** *CZCC Ballroom*

TICKETS

Adults \$17.95

Youths 8-12: \$9.95, Youths 4-7: \$7.95
3 & Under - FREE

*\$2 More At The Door

*Tickets Are Available At the CZCC Cashier's Window

Breakfast

Bacon, Sausage, Mashed Brown Potatoes
Creamed Beef And Biscuits
Eggs Benedict W/ Hollandaise Sauce
French Toast, Waffles And Fruit Topping

Pasta Station Omelet Station Carving Station

Carved Roasted Beef Top Round W/ Au Jus
Carved Honey Maple Glazed Smoked Ham
W/ Pineapple Sauce

Entree

Sliced Roasted Turkey W/ Giblet Gravy &
Cranberry Sauce
Beef Curry
Fried Fish Fillets W/ Tartar Sauce
Bread Stuffing & Corn Bread Stuffing
Candied Yams
White Rice & Rice Pilaf
Mashed Potatoes
Buttered Corn, Green Beans
Rolls And Butter
Assorted Desserts

Soup

New England Clam Chowder

Salad & Fruit

Tossed Green Salad W/ Assorted Dressing
Assorted Fruit



FOR MORE INFORMATION, PLEASE CALL CZCC 263-4547

12th Annual CAMP ZAMA CHILD, YOUTH AND SCHOOL SERVICES

Christmas around the world

U.S. Army Child, Youth
& School Services

Friday, 10 December, 5 - 8 pm, Zama Community Club

NOTICE: Weather permitting, the event will be outside in the community club parking area. Dress warm!!

**** THIS PROGRAM IS FOR ALL COMMUNITY MEMBERS ****

IT'S ALL "FREE"!!!

Camp Zama's Child, Youth & School Services, and CZCC will be presenting "Christmas Around the World 2010" in conjunction with "Community Night".

Camp Zama
Community Night

FREE EVENT!

Special Youth Prize:
Bicycle (from Coca-Cola)
Special Adult Prize:
Two (2) ¥5,000 food
coupons (from Outback)

Enjoy dances and food samplings from different countries.

And, Santa delivers early - there will be a "special" Christmas gift bag for youths in attendance (limited quantities available). Child, Youth and School Services (CYS) will conduct door prize drawings throughout the event. MWR Commercial Sponsorship will conduct door prize drawings for both youths and adults starting at 7 pm. For all door prizes you must be present to win.

For more information, please call 263-5441



MWR COMMERCIAL SPONSORSHIP and the **CYS staff**
thank the following sponsors for supporting our community and the Camp Zama Youth
Program:



Mattel Japan Ltd.



Z A M A I T T

Seasons Greetings



*Spring Escapade Tours
April 9-17, 2011 will be advertised
in the January Bugle*

Thank you!
Voted Best Travel Agent
2002, 2003, 2004
2005, 2006, 2007
2008, 2009 & 2010
for voting us
the Best Travel Agency
in Mainland Japan
for 9 years in a row.
We will strive to provide the best service
as your one stop travel concierge

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION


 • Military PHONE : 263-5273
 263-4059
 • E-Mail : travel@zamaitt.com

• Commercial PHONE : (046) 254-8896
 • Commercial FAX : (046) 255-0356
 • Website : <http://zamaitt.com>








USARJ's Holiday Ball

LIVE FROM 1943

ENTERTAINING THE TROOPS
FROM HOME TO THE FRONT LINES

17 December 2010, 1800-2400
Camp Zama Community Club

Attire: Semi-Formal or 1940's Formal Dress

Ticket: \$50 per person
See Unit POC or contact event POC, CPT Lee 268-4422

Child Care is available
Registration required (\$20.00 per child) from 1700 - 0030
POC: LT Reese at 268-4234//MSG Jenkins 268-4762

Transportation
Bus schedule: 1. Sagami Depot B#90-S10 Bus Stop @ 1640
2. SHA (NRT Bus Stop) @ 1730



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCHES	LUNCHES	DINNER SPECIALS
MONDAY 6 Steak Don 13 Chicken Tatsuta Don 20 Hamburger Steak (10 oz) w/Cheese 27 Regular Menu TUESDAY 7 Hamburger Steak and Fried Shrimp 14 Pork Cutlet w/Picante Sauce 21 Garlic Chicken Saute 28 Regular Menu WEDNESDAY 1 Chicken Cutlet (Lounge Special) 8 Fried Rice, Karaage and Yakisoba 15 Chicken Saute w/Mustard 22 Lasagna w/Garlic Bread 29 Closed	THURSDAY (All-U-Can Eat) 2 Italian Buffet 9 American Buffet 16 Oriental Buffet 23 Mexican Buffet 30 Closed FRIDAY 3 Fried Shrimp Curry 10 Seafood Platter 17 Chicken Saute w/Curry Sauce 24 Closed 31 Closed DINNER SPECIALS TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50) 7 Mexican Dinner 14 BBQ Dinner 21 Pizza and Pasta Dinner 28 Regular Menu	WEDNESDAY NIGHT Family night movies for adults and youths 1, 8, 15 and 22 December, regular dinner menu. Choose your discount. THURSDAY NIGHT (CHEF'S SPECIAL DINNER) 2 Ribeye Steak (6oz) and Salmon Saute (4oz) (\$20) 9 Ribeye Steak (6oz) and Mahi Mahi Saute (4oz) (\$20) 16 Pre-Christmas Buffet, 4:30 - 8 pm (\$20) 23 Regular Menu FRIDAY NIGHT Mongolian BBQ on 10 December; enjoy the best Mongolian BBQ in town!!! Also, on 3 and 17 December we offer the regular dinner menu.

“See the Bugle for the advertisement”.

Camp Zama Army Family Action Plan (AFAP)

Symposium will be held
22 - 24 February 2011.



Watch for the
Issue collection
boxes, or log on
to [http://www.
mwrjapan.jp.pac.
army.mil/](http://www.mwrjapan.jp.pac.army.mil/).

■ Army Community Service • 263-8327

RELOCATION READINESS PROGRAM, 263-HELP (4357)

- *Exploring Japan*
Cancelled until further notice.
- *Beginner's Evening Japanese Class*
Every Wednesday, 5:15 - 8:30 pm.
Taught by a native Japanese speaker (2 classes offered). Pre-registration required.
- *Adult Evening English Class*
Every Wednesday 5:30 - 7 pm. No pre-registration necessary.
- *Adult Japanese Language Class*
Every Wednesday, advance class, 10 - 11 am; beginner class, 11 am

- noon. Taught by a native Japanese speaker. No pre-registration required.

• *Children's Japanese Language Culture Class*

Every Monday, 10:30 am - noon.
Taught by a native Japanese speaker.
No pre-registration required.

• *Adult English as a Second Language Class (ESL)*

Cancelled until further notice.

NOTE: All classes are cancelled on US holidays.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please phone 263-8089 to schedule your unit pre / post-deployment readiness training, reunion briefing, Family Readiness Group Training, and Unit Rear Detachment Commanders (RDC) Training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

• *Pre / Post Deployment Support and Operation R.E.A.D.Y. Training*

This training is designed to help all mobilizing, deploying, and re-

Army Community Service

LOAN CLOSET

Monday, Wednesday & Friday:
1 - 3 pm, at
ACS Bldg 402



FOR DETAILED INFORMATION, CALL 263-4357

NEWCOMERS ORIENTATION 263-HELP (4357)

For information contact ACS, at 263-8091.

NEWCOMERS ORIENTATION PART I: Wednesday, 15 December, 8 am - 4:30 pm, Camp Zama Community Club. Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II:
Thursday, 16 December, 8 - 11:30 am, Camp Zama Community Club. Continued overview of services and programs available at Camp Zama including medical and dental information. Attendance is Mandatory for military and civilian personnel in order to receive a permanent SOFA status driver's license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

SHOPPING ON THE ECONOMY:

Thursday, 16 December, 1 - 4:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story "100 Yen Shop" in Mochida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.



MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.

• For International Calls: 99 + 001 + Country Code + Area Code + Phone No.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment. Briefings and trainings are held every Thursday of each month from 3 - 4 pm at ACS, Bldg. 402, in the Outreach Room.

• **Deployed Spouse Program**

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.

AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management. Units and FRGs may request classes; email gary.wertz@us.army.mil two weeks in advance minimum.

• **Scheduled Financial Classes:**

(No classes 1 - 10 December)

All classes are held at ACS 1:30 - 3:30 pm

- * Budget Monday
- * Banking Tuesday
- * Debt Management Wednesday
- * Investment TSP Thursday

First Term Soldiers on their initial duty assignment shall complete all four classes during in-processing.

• **Army Emergency Relief**

NOTE: DA Form 1103 is obsolete. Use AER Form 600 for Commanders Referral or AER Form 700 for regular AER assistance. The forms were sent to all Commanders in September.

• **AER Emergency Leaves:**

Primary funding for travel to a gateway city by service members and command sponsored Family



Survivor Outreach Service

Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

members is handled by the Military Personnel Division. AER assists with travel from the gateway and to and from the leave site.

• **Employment Readiness**

Provides assistance with resumes and job search by appointment. The following classes are offered by the Employment Readiness Program on Friday afternoons, 1:30 - 3:30 pm, at ACS (pre-sign up is required):

- * 1st Friday:
Resume and Cover Letters
- * 2nd Friday:
Interview Techniques and Dressing for Success
- * 3rd Friday:

Microsoft Office Applications

FAMILY ADVOCACY PROGRAM (FAP), 263-HELP (4357)

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family

Exceptional Family Member Program (EFMP), 263-HELP (4357)

WORKSHOP

Social Services:
6 December, noon - 1 pm, at ACS.

If you would like to become an EFMP Respite Care Provider and/or learn more about eligibility for EFMP Respite Care, please contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572.

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The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group on 21 December, noon - 1 pm, at ACS.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Advocacy Program at Army Community Services provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army missions. For more information about Family Advocacy Programs or to schedule a class or briefing contact 263-HELP (4357). The Reporting of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.

• Sexual Assault Prevention and Response Program (SAPRP)

Sexual Assault Hotline from a DSN: 882# or 090-9395-8909.

This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP / 4357 or your Unit Victim Advocate. To make an

NPSP

New Parent Support Program- 263-4572.

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Arms Elementary School). * Due to the holidays; Play Morning will be canceled for the week of 20 and 27 December.
- **Baby Love Seminar:** "Developmental Appropriate Toys" on 7 December, 9:45 - 10:05 am, during play morning session at Zama Chapel and 16 December at EDIS (Arms Elementary) from 10:15 - 10:35 am.
- **NPSP Workshop:** "Developmental Appropriate Toys", at ACS, 13 December, noon - 1 pm.
- **Breast Feeding Support Group** meeting will be held 2 December at ACS Bldg 402 from 9:30 - 10:30 am and 20 December, at SHW CDC from 9:30 - 10:30 am.
- **Pre Birth Classes** taught by OB GYN Nurse will be held at MEDDAC on 2 and 9 December, 4:30 - 5:30 pm. Please contact NPSP Manager at 263-4572 to pre-register or for more information.
- **Baby Bundles** information and supplies for new and expecting parents and electric breast pumps are available by calling 263-4572 or emailing cheryl.trendon@us.army.mil.

unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP / 4357 or 090-9395-8909.

ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

What is AFAP?

Because the Army's leaders recognize that to have a quality Army, you must be satisfied with the Army's way of life. AFAP connects you with the Army. AFAP is an idea and issue gath-

ering. AFAP makes things happen, sometimes all the way at the TOP. You can submit issues all year at: <http://www.mwrjapan.jp.pac.army.mil/> and click "Submit an AFAP Community Idea / Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager. You will be heard.

• Army Volunteer Corps (AVC)

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. You can register as a volunteer in the Volunteer Management Information System (VMIS). It's easy to get started! This can be completed at your home, the education center, the library or by utilizing the volunteer computer at ACS. If you do not have an account at www.myarmyonesource.com, register for an account by going to the site and clicking on "register for an account". Once registered, click on "Become a Volunteer" and select "Volunteer Registration".

• Army Family Team Building (AFTB), 263-HELP (4357)


The Key to your Army Journey and Passport to Power!

Join us for our next AFTB class or go online: www.armyonesource.com. If you are a young Soldier SGT or below and need promotion points,

Family Advocacy Program

• Victim Advocacy

Victim Advocacy is a free service for all personnel in the military community. The victim advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The Victim Advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may contact the USAG-J Victim Advocate at 882# or 090-9395-8909. A victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782, 263-4853, or 090-9395-8909.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

AFTB is a good source and a great tool that you will be able to use throughout your military career.

INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. After: 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings. The support group will be held on third Wednesday of the month 1 - 2:30 pm at ACS Outreach Room.

GUIDE TO SUPERVISE YOUR CHILD
Guidance from the USAG-J Child Supervision Policy (September 2008)

Children with a history of Attention Deficit Hyperactivity Disorder (ADHD), developmental delay, behavioral problems, impulsivity, psychiatric problems or other impairments should not be given the degree of self-management / responsibility allowed in this policy.

HOME ALONG?
 Birth - 5th grade: Never
 6th - 8th grades: up to 4 hours with access to adult supervision, never overnight!
 9th - 12th grades: Over 4 hours with access to adult supervision, never overnight!
 Graduated: May be left overnight with access to a responsible adult.

BABY SITTING?
 Birth - 5th grade: Never
 6th - 7th grades: Siblings only! Up to 4 hours with access to adult supervision. Never overnight (2230-0530)! Red Cross Certification recommended.
 8th - 12 grades: In the baby-sat child's home with Red Cross Certification. Never overnight!

UNATTENDED IN VEHICLE?
 Birth - 5th grade: Never
 6th - 10th grades: 15 minutes in a parked car with keys removed and handbrake applied.

UNATTENDED OUTSIDE?
 Birth - 5 years: Never
 1st - 5th grades: Less than 1 hour in sight or hearing distance of a parent or supervising adult.
 6th - 7th grades: Up to 4 hours with access to adult supervision.
 6th - 12 grades: May not loiter in the PX, Food Court or Shoppettes.

Children in K- 5th grades attending Japanese Schools must be escorted out of and into the gate unless picked up by bus.

“See the Bugle for the advertisement”.

A

ttention

Potential Contractors:
The Yano Fitness Center is seeking interested instructors the following:
massage therapist, aerobics, martial arts, fitness trainers, zumba, Tai Chi, yoga and other group exercises.

■ Sports, Fitness and Aquatics

263-3954 / 4664

FITNESS (263-5656)

- *Personal Training / Program Consultations (FREE)*

Limited days and times by appointment only.

- *Wellness That Works* (NEW, starts 4 January)

This is a 8 week program that educates and creates awareness and facilitates behavior change through the use of fitness, aquatics, and sports. Lifestyle changes one step at a time! We provide the tools; you make the change!

- *Biggest Loser Zama Style* (starts 1 February)

This is a 12 week program. Teams will consist of four (two male, two

female).

- *FREE Fitness Classes / Services* offered at Yano Fitness Center

* Super Circuit Class

Monday, Wednesday: noon - 1230

Fridays: 1730 - 1800

* Unit PT Training

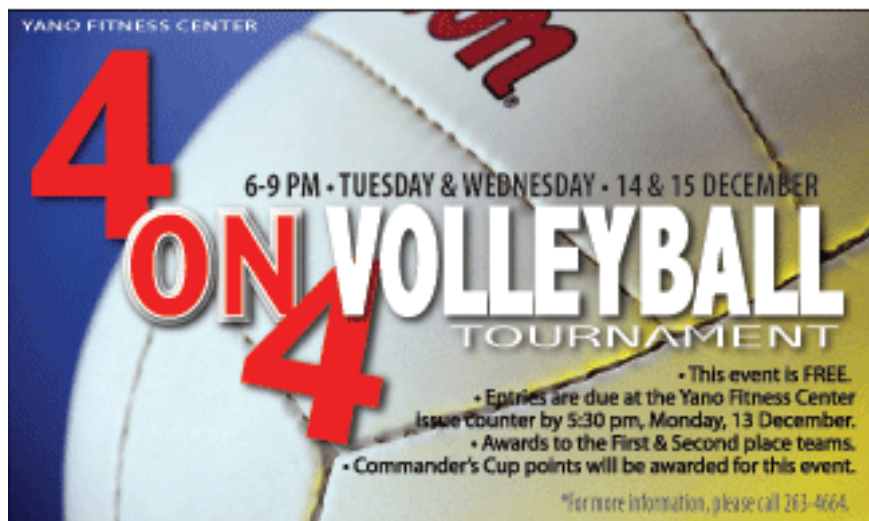
Tuesday 0630 - 0730. Please call the Fitness Coordinator four weeks in advance to reserve time slot and program request.

* Pilates: Tuesdays 0900

* Hit and Core: Wednesday 1730

* TBC Yoga: Fridays 1200

NOTE: All fitness classes / services are subject to change. Please see the monthly flier for accurate times.



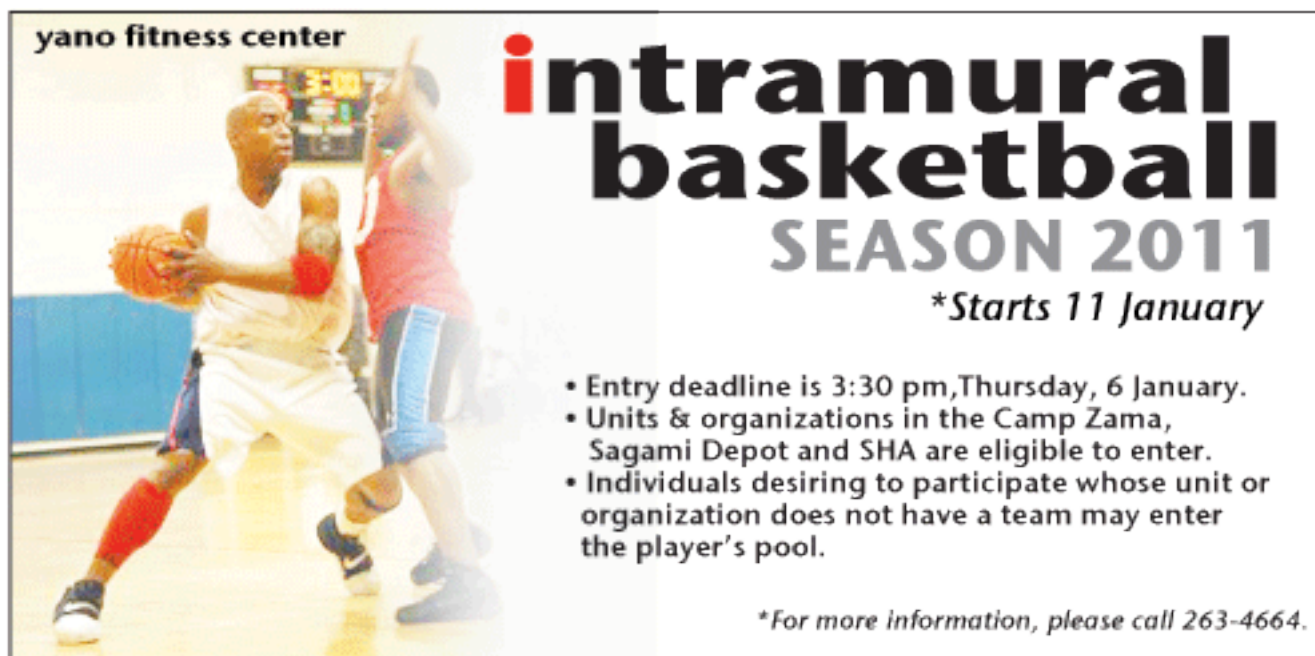
AQUATICS (263-3348)

- *Jacuzzi, Steam Room, Sauna*

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

- *Training Reservations for Swimming Pool*

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

For reservations, submit the reservation request no less than 3 (three) weeks in advance. Forms can be e-mailed upon request.

• **Age Policy for Swimming Pool**

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

• **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

SERVICES AND CONTRACTORS (263-4664)

• **Aerobics**

* Instructor: Amy Bengel

Class times and fees vary; for exact times and fees please see the Yano monthly schedule or call the Yano



YANO FITNESS CENTER

WATER

AEROBICS PROGRAM

Mondays, Wednesdays & Fridays: 9 ~ 10 am
Tuesdays & Thursdays: 5:30 ~ 6:30 pm
No Classes on Holidays!

*For more information, please call 263-4664.

Fitness Center at 263-4664/5656. Times and schedules are subject to change depending on community needs.

* Instructor: Ms. Hitomi Someya
Zumba Class: Tuesdays and Thursdays at 1730. Times and schedule subject to change depending on community needs.

• **Martial Arts (Taekwondo Classes)**

* Instructor: Kellie Williams
Tuesday - Friday:

Ages 4 - 6: 1700 - 1800

Ages 7 - adults: 1815 - 1915

Cost: \$45 per month

* Instructor: Kang Hyum Soon
Monday - Thursday:

Ages 4 to adult: 1730 - 1900
Cost: \$56.20 per month (depending on yen rate)

NOTE: All Taekwondo (for both instructors) participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533, or call 263-4125.

• **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness every Monday at 1845.

One session: \$6

4 sessions: \$20

SERVICES

• **Massage Cancellation Policy:**



ARMY vs. NAVY

FLAG FOOTBALL

GAME

Camp Zama vs. Yokosuka

11 am • Saturday • 11 December
Berkey Field, Yokosuka Naval Station

*For more information, please call 263-4664.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for the information regarding this policy.

• **Aqua Massage**

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be at least 16 years old. For more information, call 263-4664/3954.

• **Shizuka's Massage Therapy**

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Fridays, and Saturdays. First appointment is 1030 and the last appointment is 1600. Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$30, 45 minutes for \$40 and 60 minutes for \$50. Payment must be made when making an appointment. Must be 21 years old. For more information, call 263-4664.

• **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200



LIFEGUARD TRAINING CLASS
\$75 FOR CORE LIFEGUARD COURSE AND PREVENTING DISEASE TRANSMISSION (PDT)
20 ~ 30 December
Monday ~ Thursday, 9 am ~ 4 pm
(1 hour lunch break - Noon to 1 pm)
**Registration deadline is Wednesday, 15 December*
**For more information, please call 263-4664/3348.*

- 1800 (first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$35, 45 minutes for \$45 and 60 minutes for \$60 (you must be at least age 21).

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact

the front desk at 263-4664.

• **Tanning Booth**

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:

0530 - 2025

Weekends:

0800 - 1700

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).



YANO FITNESS CENTER POOL
Learn-to-Swim
FALL Program
\$36
Per Person Per Session
YOUTH & ADULT CLASSES
**Registration deadline is Wednesday, 15 December!*
Monday ~ Thursday • 20 ~ 30 December
 • **10:15 ~ 10:50 am** • Parent & Child Aquatics • Max 4 • Ages 6 months to 3 years
**Parents will be in the water with child*
 • **11 ~ 11:35 am** • Preschool • Levels 1, 2 & 3 • Max 4 • Ages 3 to 5 years
 • **2 ~ 2:50 pm** • Levels 1 & 2 • Max 6 • Ages 6 & up
 • **3 ~ 3:50 pm** • Levels 3 & 4 • Max 6 • Ages 6 & up
 • **4 ~ 4:50 pm** • Levels 5 & 6 • Max 6 • Ages 6 & up
 • **5:10 ~ 6 pm** • Adult Beginner/Adult Advanced • Max 6 • Ages 15 & up
**For more information, please call 263-4664.*

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

YANO FITNESS CENTER

BIG KAHUNA

OPEN BENCH
PRESS COMPETITION



CAMP ZAMA • JAPAN

5 pm • Thursday • 9 December
Men & Women Divisions

**Entry Deadline
is 4:30 pm, 9 December.**

***For more information, call 263-4664.**




CAMP ZAMA BOSS PROGRAM

Meeting every Tuesday at
1530 hrs in the Warrior
Zone (located in Building
533). Everyone is welcome
to attend!!!

BOSS President:
SGT Valery Valtrain
Tel: 263-5197
e-mail:
valery.valtrain@us.army.mil

BOSS WARRIOR ZONE HOURS!!!
Tuesday, Wednesday Friday:
1800 - 2200
Saturday: 1200 - 2200
Phone: 263-3399

Paid Advertisements

“See the Bugle for the advertisement”.

R

ed Tag
Sale. Variety of craft
supplies are on sale
now starting
from \$1.



■ Arts and Crafts • 263-4412

HOURS OF OPERATION

Monday - Tuesday: Closed
Wednesday - Friday: 1130 - 1930
Saturday - Sunday: 1000 - 1800

CLASSES

• **Silk Screen Work Shop**
\$15 for a class, includes one free
t-shirt (appointment only).

• **Wood Shop Orientation for DA 3031.**

Saturdays: 10 am, no fee.

• **Frame Shop Orientation**
2nd and 4th Thursday, 5 pm,
\$10 a class; supplies are included.

Advance and refresher classes are
conducted upon request, \$10 a class,
supplies are not included.

• **Wash-Paper Craft Workshop**
\$10 a class; supplies are available at
the sales store (by appointment)

• **Ikebana** (fresh flower arrangement
class)

1st, 2nd and 3rd Thursday, 2 pm, \$20
for a class, plus ¥1,000 (flower fee).

• **Shodo** (Japanese calligraphy class),
Wednesday, 4 pm, \$10 for a class;
includes all supplies.

• **Pottery Classes**

* Wednesday class: 4 - 6 pm, \$20 for
a class, supplies are included.

NOTE: All classes require advance
registration. Schedules are subject to
change.

Christmas CRAFTING
WITH THE
IKEBANA INSTRUCTOR
CLASS IS FREE!
*FIRST 30 ENTRIES WILL BE
ACCEPTED.
2~5 PM, THURSDAY, 9 DECEMBER
*FOR MORE INFORMATION, PLEASE CALL 263-4412.

A R T S & C R A F T S C E N T E R

NEW YEAR'S RESOLUTION!

Kakizome
Try Japanese Calligraphy!
11 am ~ 1 pm • Sunday, 9 January
at the CZCC.

New Years Flower Arrangement
with the Ikebana Instructor
2 ~ 5 pm • Thursday, 20 January
*Sign up by Sunday, 9 January • First 30 entries will be accepted.
at the Arts & Crafts Center.

Events are
FREE!

*For more information, please call 263-4412.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- *Bad Blood* by Sandford, John (Best Seller)
- *Doing Both* by Sidhu, Inder
- *Crimes Against Liberty* by Limbaugh, David (Best Seller)
- *Earth (the book)* by Stewart, Jon (Best Seller)
- *Even Silence Has an End* by Betancourt, Ingrid (Best Seller)
- *Facebook Effect* by Kirkpatrick, David
- *Getting to Happy* by McMillan, Terry

(Best Seller)

- *Rework* by Fried, Jason
- *Switch* by Heath, Chip
- *Upside of Irrationality* by Ariely, Dan

NEW BLU-RAY DVDS

- *Charlie Brown Christmas*
- *Christmas Story*
- *Elf*
- *Home Alone*
- *It's a Wonderful Life*
- *March of the Wooden Soldiers*
- *Miracle on 34th Street*

- National Lampoon's Christmas Vacation
- The Polar Express
- White Christmas



■ Community Activity Center • 263-3939/5712/8892

CLASSES

- **Ballet Class**
- * Wednesday:
 - Pre-Elementary (4 - 6), \$40: 1600 - 1645
 - Elementary (7 - 12), \$60: 1700 - 1815
 - Junior (13+), \$60: 1830 - 2000
- * Thursday
 - Pre-Elementary (4 - 6), \$40: 1730 - 1815
 - Adult (15+), \$60: 1830 - 2000
- **Ballroom Dance**
- * Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

- * Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:10 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have experience and/or good physical ability for dancing.

- * Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

- **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

- **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.

- **Koto Lesson** (four classes a month, Adult: ¥8,000, Youth: ¥7,000).

Tuesday

■ Leisure Travel Services • 263-4671

TOURS AND EVENTS

- **Wild Monkey Park and Clay Doll Painting**
- Saturday, 4 December, 3 am - 10 pm
- **Deep Sea Fishing (Yellowtail)**
- Saturday, 4 December, 4:30 am - 3:30 pm
- **Cycling Along Sakai River**
- Sunday, 5 December, 8 am - 2:30 pm
- **Kamakura Sightseeing (Autumn Leaves Special)**
- Sunday, 5 December, 10 am - 8 pm
- **Rock Climbing and Hiking at Mt. Maku**
- Saturday, 11 December, 6:30 am - 5:30 pm
- **Fishing Derby (Winter Classic)**
- Saturday, 11 December, 9 am - 11:30 pm

- **Miyagase Christmas Tree**

Saturday, 11 December, 3 - 8:30 pm

- **Odawara Castle and Enoshima Island**

Sunday, 12 December,

8:30 am - 5:30 pm

- **Kodo Taiko Drum Performance**

Wednesday, 15 December,

3:30 - 11 pm

- **Mt. Kintoki Hike**

Saturday, 18 December, 6 am - 4 pm

- **Ninja Restaurant and Roppongi Hills**

Saturday, 18 December, 3 - 10:30 pm

- **Yomiuri Land (BOSS)**

Sun, 19 December, 8:30 am - 5 pm

- **Emperor's Birthday Celebration (Meiji Shrine and Tokyo Tower)**

Thursday, 23 December,

9 am - 7:30 pm

- **Ballet "The Nutcracker"**

Thursday, 23 December,

9 am - 5:30 pm

- **All-you-can-eat Lunch and Wine and Yokohama Illumination**

Friday, 24 December, 11:30 am - 7:30 pm

- **Stroll in Asakusa Area**

Saturday, 25 December, 8:30 am - 6:30 pm

- **Flea Market at Oikeiba**

Sunday, 26 December,

8:30 am - 5 pm

- **Hakone Yunessan Hot Spa**

Friday, 31 December, 8 am - 6 pm

- **Countdown to 2011 at Hakkeijima Sea Paradise**

Friday, 31 December, 6 pm - 2:30 am

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

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imited

Online Parts Ordering Service. Stop by the Auto Skills Center for more information to find the best prices for your vehicle.



USED PARTS FOR SALE

- 6 X 9 speaker - - - \$30 pair
- 6 1/2 speaker - - - \$15 pair
- CD player, stateside tuner starting at - - - \$35 ea
- Safety flares - - - \$2
- Various aluminum rims starting at - - - \$40 set

We also have used tires: just stop by with your car and see if they are on the rack.



■ Automotive Skills Center • 263-3615

USED VEHICLE COURTESY INSPECTION

The Zama Auto Craft Shop offers a 20-point courtesy inspection for

Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.



HOURS OF OPERATION:

Monday and Tuesday: CLOSED

Wednesday - Friday:
1130 - 2000

Saturday and Sunday:
0930 - 1800

PLEASE NOTE:

- All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This

briefing is required before facility use and takes about 45 minutes.

SERVICES

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday during the Automotive Skills Center normal hours of operation.

• Car Wash

The Zama Car Wash can be accessed:

Monday - Tuesday:

8 am - 4:30 pm

Wednesday - Friday:

8 am - 8 pm

Saturday - Sunday:

9 am - 6 pm

• Detailing Service

We offer a basic detailing service which starts at \$35 for regular size sedans. The \$35 is a basic wash and hand wax with tire wax. For an additional \$15 we vacuum the interior and clean the windows. For vans and SUV's prices start at \$50. If you prefer we use waxes and other cleaning supplies that you have please feel free to let us know; unfortunately, this does not reduce the fee.

CLASSES START AT 5:30 PM

- Understanding tire wear: 2 December
- How to rotate your tires properly: 9 December

Camp Zama Automotive Skills Center

CLASSES

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Fridays, noon, daily

Mass, Blessed Sacrament, Chapel

Sundays, 9 am, Mass, Zama Chapel.

Sundays, 9:15 am, Children's Liturgy of the Word. Blessed Sacrament Chapel.

Sundays, 10:45 am CCD, Religious Education Center.

PROTESTANT SERVICES

Sundays, 9:30 am, Sunday School for all ages at the Religious Education Center.

Sundays, 10:15 am, Praise Team Rehearsal, Zama Chapel.

Sundays, 11 am, Worship Service, Zama Chapel.

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

Wednesday, Praise Team Rehearsal, Zama Chapel

SAGAMIHARA PROTESTANT GOSPEL SERVICES

Sundays, 9:30 am, Sunday School, Sagamihara Chapel.

Sundays, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services).

Wednesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Tuesdays, 7 pm, Tuesday Night Youth Activity, 7 pm, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 046-234-9490, Brian Howard at 263-7419.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Second Saturdays (Sabbaths), 9:30 am Sabbath School, 11 am Divine Worship, Zama Chapel. Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

ONGOING BIBLE STUDIES

Sundays, 9:30 am, adult Sunday School Class, "The Book of Romans" at the Religious Education Center.

Tuesday, 6:30 pm, Bible Study, "The

Book of Hebrews", SHA Quarters #551

Thursdays, 9:30 am - 11:30 am, Protestant Women of the Chapel, Religious Education Center, Child-care provided, POC: Molly Lang at 263-7161.

Thursdays, 6:30 pm, Bible Study, Zama Chapel Fellowship Hall.

The Garrison Religious support programs offer many other religious based opportunities for you and your Family: (Bible studies, youth groups, men's groups, women's groups, music ministries, etc). If you desire more information, please call the Garrison Chaplain's Office at 263-4898. The Garrison Chaplain's Office only advertises those religious activities under its auspices.

CHAPEL DECEMBER ACTIVITIES

For more information, 263-4898

You and your Family are cordially invited to participate in the celebration of the Advent

Sunday, 5th, Second Sunday of Lighting the Advent Candle			
0900	Catholic Mass		Zama Chapel
1100	Protestant Communion Service		Zama Chapel
1100	Gospel Service		SHA Chapel
Sunday, 12th, Third Sunday of Lighting the Advent Candle			
0900	Catholic Mass		Zama Chapel
1100	Protestant Service		Zama Chapel
1100	Gospel Service		SHA Chapel
Sunday, 19th, Fourth Sunday of Lighting the Advent Candle			
0900	Catholic Mass		Zama Chapel
1100	Protestant Service		Zama Chapel
1100	Gospel Service,		SHA Chapel
Friday, 24th, Fifth Day of Lighting the Advent Candle			
1900	Protestant Christmas Eve Candlelight Service		Zama Chapel
2400	Catholic Christmas Eve Midnight Mass		Zama Chapel

You and your Family are cordially invited to also attend the seasonal services

Thursday	9	1200	Catholic Immaculate Conception Mass	Zama Chapel
Sunday	12	1600	Community Concert, "Handel's Messiah"	Zama Chapel
Saturday	25	0900	Catholic Christmas Day Mass	Zama Chapel
Sunday	26	0900	Catholic Mass	Zama Chapel
		1100	Protestant Service	Zama Chapel
		1100	Gospel Service	SHA Chapel
Friday	31	1700	Catholic New Year's Eve Mass	Zama Chapel
Friday	31	1000	Gospel Service, Watch Night Service	SHA Chapel

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

■ **Army Community Services** 263-4357
Mon - Wed 0730-1630
Thu 1300-1630
Fri 0730-1630
US Holidays Closed

ZAMA Golf Club

■ **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-3694

263-4966
(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Business Division

■ **ADMINISTRATIVE OFFICE** 263-7935

■ **BOWLING CENTER ZAMA** 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ **BOWLING CENTER DEPOT** 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ **ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE** 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ **HOB NOB INN** 267-6097
Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300

Thu 1630 - 2100
Fri 1630 - 0100
Sat 1900 - 0100

■ **SAGAMI LOUNGE** 268-4954
Take Out 268-4142

Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000

Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Recreation Division

■ **CHIEF RECREATION OFFICE** 263-3479
■ **ADMINISTRATIVE OFFICE** 263-5614
■ **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed
Wed-Fri 1130-1930
Sat & Sun 1000-1800

■ **AUTOMOTIVE SKILLS CENTER** 263-3615
Mon-Tue Closed
Wed-Fri 1130-2000
Sat-Sun 0930-1800

■ **COMMUNITY ACTIVITY CENTER** 263-3939
Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ **INTERNATIONAL TOURS** 263-5273
Mon-Fri 1000-1800
Open during lunch

■ **LIBRARY** 263-3517
Zama
Mon-Thu 1000-2030
Fri-Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603
Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ **OUTDOOR RECREATION** 263-4671
US Holidays Closed
Vehicle/Equipment Rental & Leisure Travel Services

Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915
Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270
Kure Lodging 256-2580

■ **POOLS** 263-3348
YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800
SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)
■ **SPORTS/FITNESS CENTER** 263-4664

Zama 263-3954
Mon-Fri 0530-2100
Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762
Mon-Sun Open 24 hrs

Depot 268-4729
Mon-Sun, Holidays 0930-1830

Support Services Division

■ **DIRECTOR** 263-4273
■ **ADMINISTRATIVE OFFICE**

Child, Youth & School Service Division

■ **CHILD, Y&SS COORDINATOR** 263-8086
(All the following CDC facilities are open during lunch.)

Parent Central Services 263-4125
263-4743

Mon-Wed 0800-1700
Thu 1000-1700
Fri 0800-1700

Family Child Care 263-4743
263-4125

Sagamihara CDC 267-6564
Mon-Fri 0530-1800

Zama CDC 263-4992
Mon-Fri 0530-1800

■ **YOUTH SERVICES** 263-4500
Zama Youth Center

Mon-Thu 1430-2000
Fri 1430-2200
Sat 1300-2200
Sun Closed

School Age Services (SHA) 267-6317
Mon-Fri 0630-1800

Youth Sports 263-5437
Mon-Sat 0900-1800
Open during lunch

School Liaison Office 263-3241

Zama Lodging

■ **ADMINISTRATIVE OFFICE** 263-3293
Reservation Desk 263-2775
Front Desk 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ **MWR OFFICE** 644-5396
■ **ADMINISTRATIVE OFFICE** 644-4270

■ **ARMY COMMUNITY SERVICE**
Director 644-4110
Relocation Coordinator 644-4385

Mob-Dep/IVC 644-4116
Financial Readiness/AER 644-4378

Family Advocacy Program 644-5919
Victim Advocate/SARC 644-4908

AFTB/AFAP Program 644-4743
EFMP Program 644-4106

ACS FAX 644-5918
School Liaison Office 644-4703

■ **ARTS & CRAFT CENTER** 644-4303
Lobby 644-4706

■ **AUTOMOTIVE SKILLS CENTER** 644-5612
■ **CORAL COVE COMMUNITY CLUB**

Business Manager 644-4256
Lounge 644-4306

Cashier Cage 644-4426
■ **LIBRARY** 644-4468

Staff Room 644-5335
■ **MARKETING**

Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665

■ **SPORTS / FITNESS**
Sports / Fitness 644-4334

Aquatics 644-4389
■ **OUTDOOR RECREATION**

Scuba Locker 644-4795
Retail Sales 644-4290

Equipment Issue 644-4263
Beach Rental Office 644-4659

Cabin Reservation 644-4659
011-81-611-744-4659

Kure Harbor Club

■ **MWR Office** 256-2580
256-2581

0800-1630
■ **Outdoor Recreation** 256-2575

0900/1700
■ **Dining Room**

Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000
■ **Bar** Mon 1630-2000

Tue-Sat 1630-2200
■ **PX / CLASS 6**

Mon-Fri 0900-1730
Sat 1130-1530

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Z A M A C O M M U N I T I E S

Holiday Concert

& Tree Lighting Ceremonies

**Music by the USARJ Band.*



Music Theater Workshop Camp Zama

6:30 pm
Tuesday
7 December

SHA

6 pm
Wednesday
8 December

Depot

6 pm
Thursday
9 December

For information, phone 263-5712

US Army Garrison, Japan

2011 NEW YEAR

CAMP ZAMA COMMUNITY CLUB *parties*

FRIDAY, 31 DECEMBER, CZCC BALLROOM AND FIRELITE LOUNGE

BALLROOM, 8 PM - 2 AM

Dinner Buffet, Live Band Entertainment, DJ and Door Prizes
Cost: \$25

FIRELITE LOUNGE, 8 PM - 3 AM

Hors d'oeuvres, Entertainment w/ DJ, and Door Prizes
Cost: \$15

BREAKFAST IN DINNING ROOM AT 3 AM FOR ALL CUSTOMERS

FOOD, ENTERTAINMENT & GREAT DOOR PRIZES!



FOR MORE INFORMATION, PLEASE CALL 263-4547